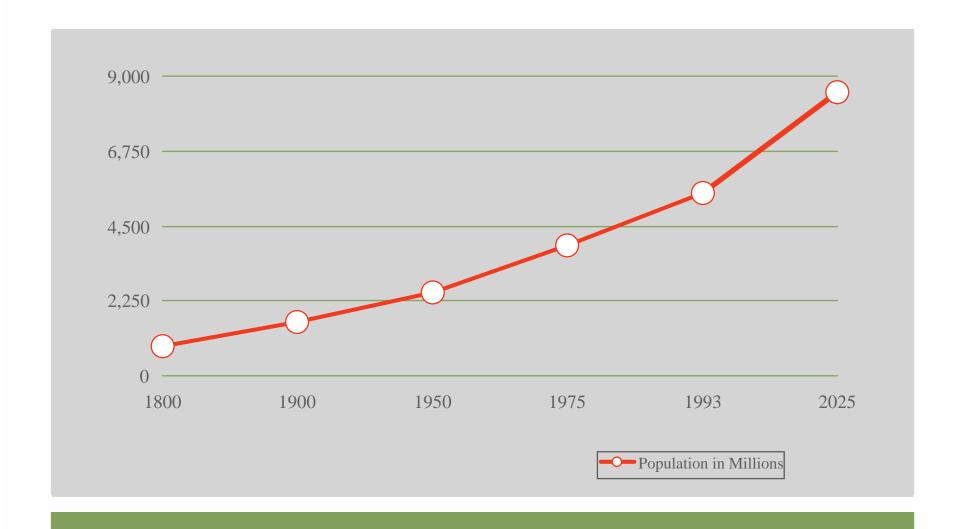
# Sustainable Packaging

First Steps

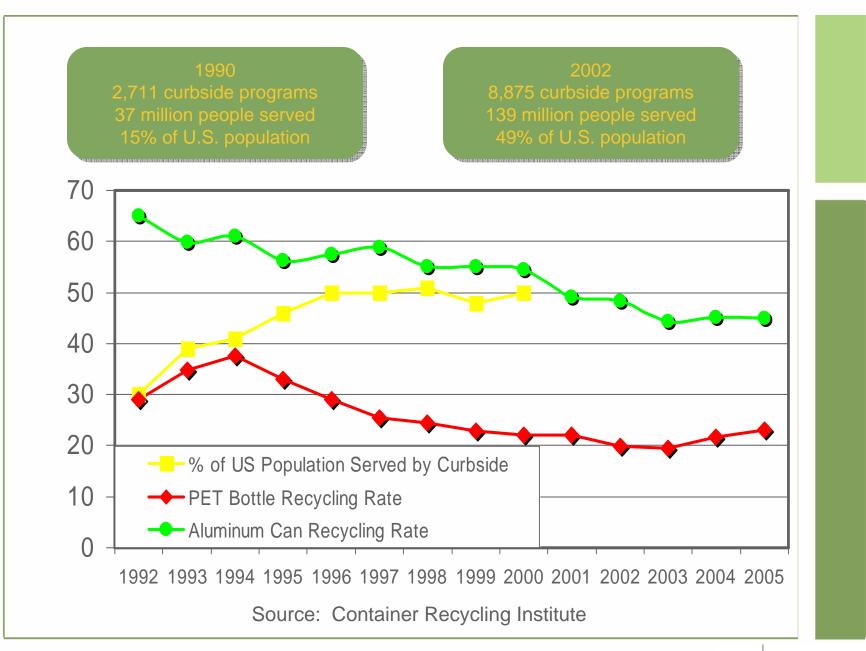
Bob Kerr

Pure Strategies, Inc.

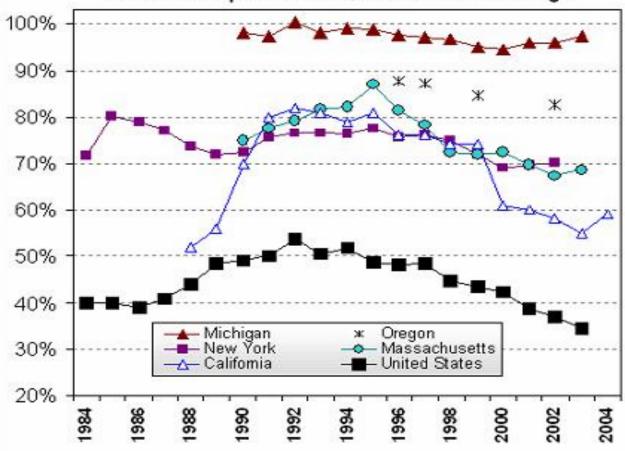




### World Population Growth



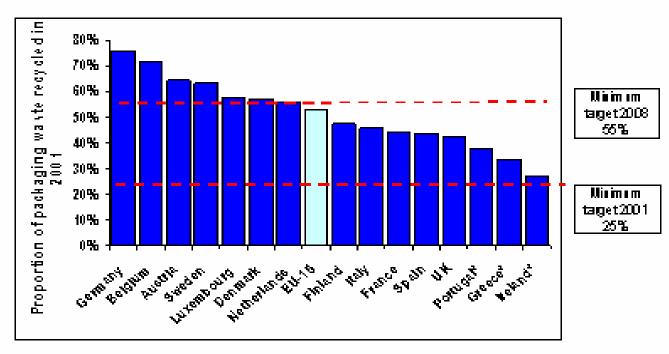
#### Beverage Container Redemption Rates in Selected Deposit States, vs. the U.S. Average



(Q Container Recycling Institute, 2005
Figure 1.4: Container Recycling Institute. 'States with Deposit Laws." 2006. <a href="http://www.bottlebill.org/legislation/usa.htm">http://www.bottlebill.org/legislation/usa.htm</a> (16 October 2006)

#### EU Packaging Requirement for Extended Producer Responsibility

Germany Belgium Austria Sweden Lucembourg Denmark Netherlands EU-15 Finland Italy France Spain UK Portugal\* Greece\* Ireland\* 76% 71% 64% 63% 57% 57% 56% 53% 47% 46% 44% 44% 42% 38% 33% 27%



Remark: \* Derogation



"I hate the amount of packaging that food comes wrapped in these days"

### Everybody has their packaging problems

### 10 Strategies for the Journey



- 1. Dematerialize
- 2. Use Recycled Content
- 3. Eliminate toxics
- 4. Review the entire packaging system
- 5. Design for Recyclability
- 6. Use the Plastics Hierarchy
- 7. Minimize where possible
- 8. Design for Reuse
- 9. Design for Compostability
- 10. Eliminate unnecessary packaging

#### #1: Dematerialize



- ► Less mass = less impact
- ► Less mass = less cost
  - Raw material
  - Transportation
  - Manufacturing (component assembly)
- Examples
  - Private-label: cereal box elimination
  - Unilever: Reduced cap weight by 20% through use of advanced manufacturing technology





# #2: Use Recycled Content



- ► Reduce consumption of virgin materials
- ► Reduce energy use
- Create markets for recovery of post consumer wastes



# Energy Benefits of Using PCR Materials



| Material                      | Recycled<br>(MJ) | Virgin (MJ) | Energy<br>Savings |
|-------------------------------|------------------|-------------|-------------------|
| Newsprint                     | 31.8             | 51.2        | 38%               |
| Corrugated board (unbleached) | 27.1             | 35.5        | 24%               |
| Steel slab                    | 6.6              | 34.6        | 81%               |
| Aluminum ingot                | 14.1             | 208         | 93%               |
| HDPE                          | 18.4             | 74.9        | 75%               |
| PET                           | 20.4             | 76.4        | 73%               |
| PVC                           | 15               | 58          | 75%               |
| Glass                         | 10.7             | 22.5        | 52%               |

### Elegantly Simple



#### Light Elements

- First 100% PCR -HDPE jar
- Use of PP tool to run PCR – HDPE
- Bottles 100% PCR PET and 80% PCR PE



#### Brilliant Re-launch AVEDA

- · Light weighted
- 100% PCR



#### #3: Eliminate Toxics



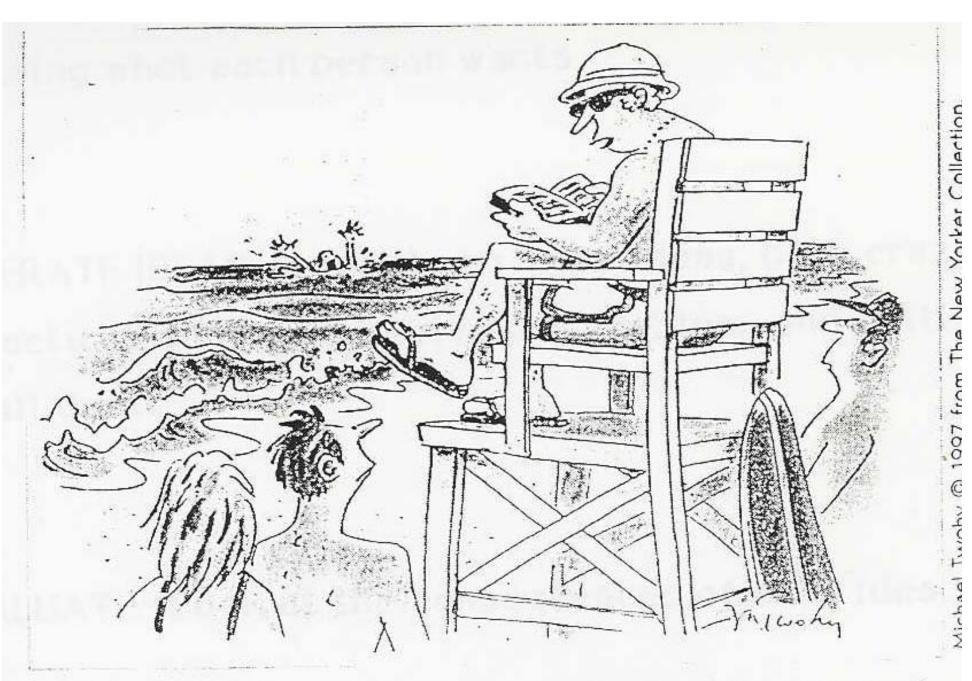
- ► Heavy metals
  - Cadmium
  - Hexavalent Chromium
  - Lead
  - Mercury
- ► Endocrine Disruptors
  - Certain Phthalates (in PVC)
  - Bisphenol-a (polycarbonate)
- ► Chlorine bleaching (paper, linerboard, corrugated)
  - changing from bleached to unbleached paper or paperboard reduces energy consumption and organo-halide pollution.

# #4: Examine the packaging system



- ► The Packaging System:
- Primary (bottle & cap), secondary (corrugated), tertiary materials (stretch wrap)
- ► Energy use & equipment to package product
- ▶ Transportation
- Stonyfield Farm example
   Optimizing the entire product delivery system





"We're encouraging people to become involved in their own rescue."

# #5: Design for Recyclability



Simple design choices affect recycling efficiency and product quality

Use of base attachments on PET soda bottles reduces yields 10-20%

|            | Use  | Avoid                                       |
|------------|--|---|
| Paper      | water-based adhesives vegetable based inks aqueous varnishes | UV varnishes thermography plastic laminates |
| Corrugated | oil-based barriers<br>uncoated top layer                     | waxed<br>corrugated<br>Coated top<br>layers |



# Plastic: APR Design Guidelines The Association of Postconsumer Plastic Recyclers



|                    | PET  | HDPE        | Pigmented HDPE   | Polypropylene | PVC    |
|--------------------|--|-------------|--|---------------|--------|
| PVC/PET A          | PVC/PET Attachments  |             |  |               |        |
|                    | No PVC   | No PVC      | No PVC   | No PVC        | No PET |
| Closures/Clo       | Closures/Closure liners Attachments  |             |  |               |        |
| Preferred          | PP; HDPE & EVA with plastic  |             | HDPE, LDPE or PP;<br>unpigmented or same color as<br>bottle; No liners, no residual<br>rings, no attachments |               |        |
| Undesirable        | PVC and Aluminum; EVA with plastic   |             | Metal closures   |               |        |
| Basecups/Adhesives |  |             |  |               |        |
| Preferred          | No Basecups  |             | N/A  | N/A           |        |
| If Basecup is used | Water-soluble adhesives or ones dispersible at temperatures between 140° and 180°F |             | N/A  | N/A           |        |
|                    | Un   | filled HDPE | or clear PET   |               |        |

- ►Sleeves & Safety Seals
- ► Labels & Adhesives
- **▶**Direct Printing
- ►Inks & Adhesives
- Layers & Coatings
- ► Non-detaching components

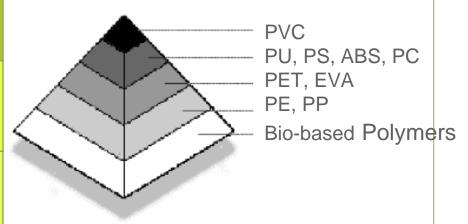
www.plasticsrecycling.org



# #6: Use the Plastics Hierarchy



| Aveda's Preferred Plastics Hierarchy |  |  |
|--------------------------------------|--|--|
| Most<br>Preferred                    | High Density Polyethylene (HDPE) Low Density Polyethylene (LDPE)                     |  |
| Acceptable                           | Polyethylele Terephalate (PET) Ethylene Vinyl Acetate (EVA) Polypropylene (PP)       |  |
| Least<br>Preffered                   | Polyurethane (PS) Acrylonitrile Butandiane Styrene (ABS) Polycarbonates (PC) Acrylic |  |
| Prohibited                           | Polyvinyl Chloride (PVC)   |  |



Eliminate PS & PVC – they only serve as contaminants to PET

# #7: Minimize Where Possible

| Strategy  | % in total energy |
|---|-------------------|
| 25% recycled HPDE plastic bottle  | 6                 |
| 25% consumer recycling  | 7                 |
| Triple-concentrate (3x) in existing container                               | 67                |
| Single strength (1x) product in soft pouch (PET and LDPE laminate)          | 32                |
| Triple-concentrate (3x) product in soft pouch (PET and LDPE laminate)       | 77                |
| Triple-concentrate (3x) product in paper gable top carton (paperboard/LDPE) | 72                |







# #8: Reusable Packaging



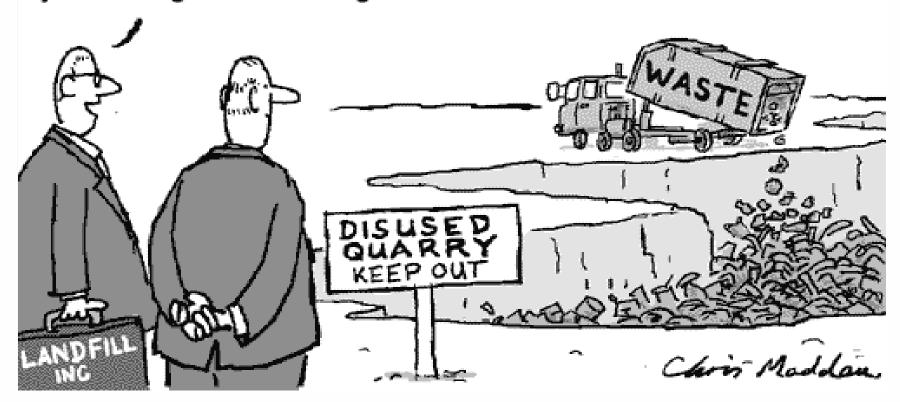
- ▶ 1/3 of soft drink packaging for mineral water and wine in the European Union is refillable.
- ▶ 90% of glass and PET beverage bottles in Denmark, Finland, Germany and Sweden are refilled.



Source: Container Recycling Institute



The original inhabitants of this land had a saying 'Every time you take something from the Earth,
you must give something back.'



#### Misinterpretation

# #9: Design for Compostability



Day

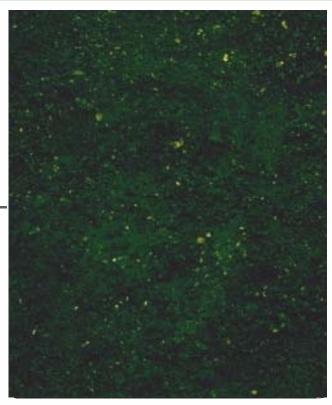


PLA: Requires high temperature and moisture found in municipal compost systems

Meets composting standards: DIN 54900-1; EN 13432; ASTM D 6400, GreenPLA



Biodegradeable packaging tape Bioflex 219-F



### #10: Reduce Unnecessary Packaging





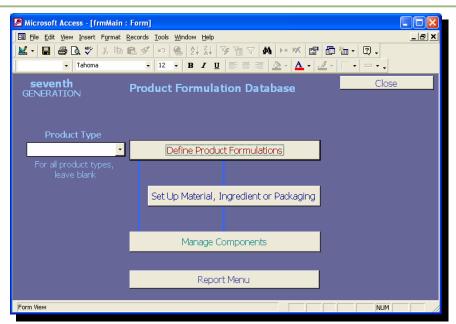


#### Moving Forward



#### ► Know thy packaging

- All packaging materials
- Weights & dimensions
- Supplemental: Inks, attachments
- ► Partner with Packaging Suppliers
- **▶**Near term improvements
  - Eliminate unnecessary packaging
  - Increasing recycled content
  - Eliminating chlorine bleached components
  - Adhesives, inks and finishes to upcycle at the end of life
  - Review APR Design Guidelines with packaging supplier



#### Forward Moving



- Long term redesign opportunities
  - New packaging design, bottle molds
  - Product reformulation to concentrate product
  - More sustainable plastic choices

### 10 Strategies for the Journey

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#### Resources



- Sustainable Packaging Coalition www.sustainablepackaging.org
- ► Association of Postconsumer Plastic Recyclers <u>www.plasticsrecycling.org</u>
- ►APR Design for Recylability Guidelines http://www.plasticsrecycling.org/technical\_resources/desig n\_for\_recyclability\_guidelines/index.asp
- ► Sustainable Packaging Alliance www.cfd.rmit.edu.au/programs/sustainable\_products/sustainable\_packaging\_alliance

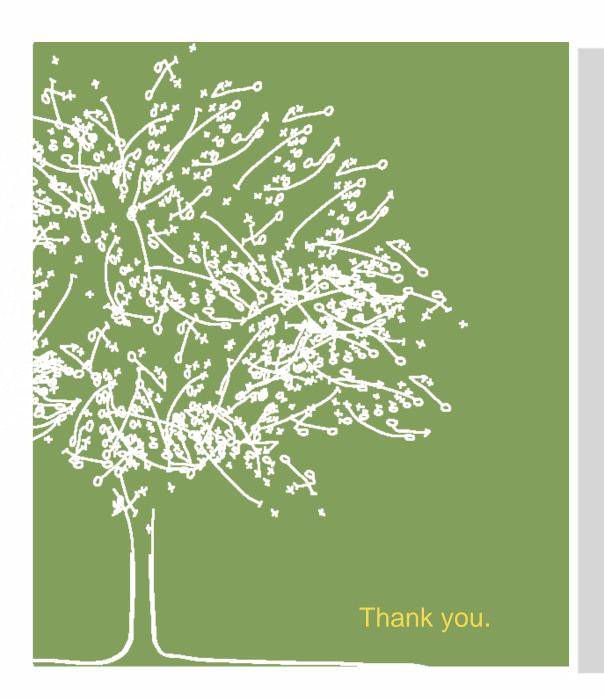
"It took Britain half the resources of the planet to achieve its prosperity;

how many planets will a country like India require...?"

#### Mahatma Gandhi

[when asked if, after independence, India would attain British standards of living]





# STRATEGIES

OLUTIONS FOR A SUSTAINABLE FUTURE